

Successful Gardener Series
Growing, Using and Drying Herbs - NOTES
Thursday, May 2, 2024

Mary Roberts, The Second Season Farmer at Windcrest Farm, covers how to grow a variety of herbs for fresh use and as dried culinary herbs and teas.

Mary is the owner and resident farmer at Windcrest Farm, a USDA Certified Organic farm and greenhouse in Monroe, NC.

Why Grow Herbs

- Culinary
- Medicinal
- Companion Plantings
- Ornamental

Herb 'Types'

- Annuals, Biennials, Perennials
- Mediterranean Herbs
- Spices
- Flowering Herbs

Growing Herbs in the Garden

- Soil conditions
- Spacing
- Sun
- Water
- Companion Planting

Growing Herbs in Containers

- Soil conditions
- Spacing
- Sun
- Water
- Companion Planting

Growing Herbs in Containers

Container types

Soil

Spacing

Water

Companion Planting

Harvesting Herbs

When

What

Why

How

Preserving Herbs

Fresh vs. Dried

How to Dry Herbs

How to Freeze Herbs

Teas

Salts